



DRIVING, LINKING and SUPPORTING change in South Australia

Wendy Keech

Heart Foundation

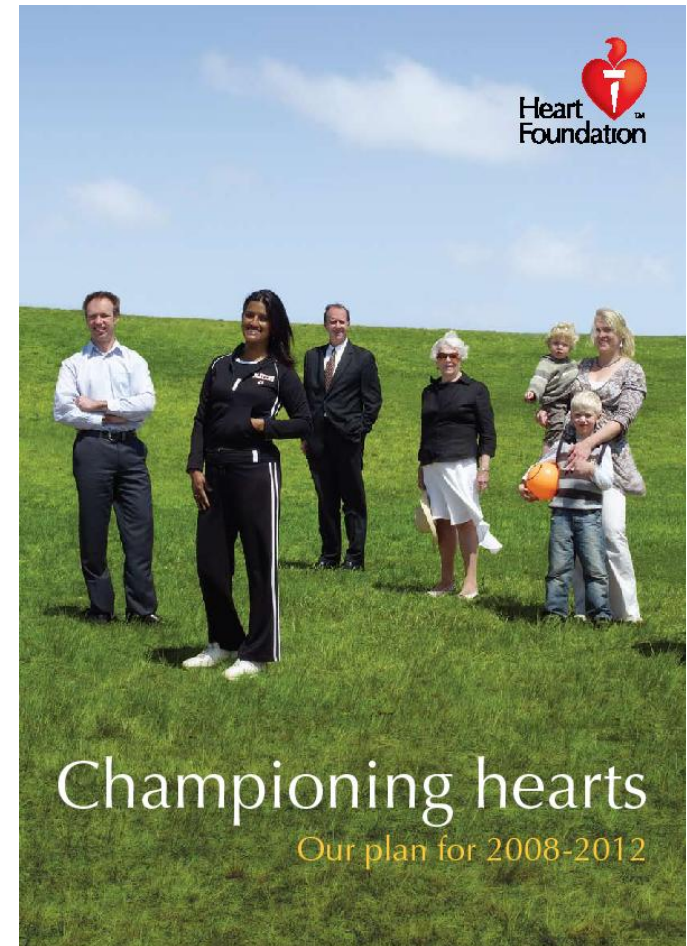
**Director - Cardiovascular Health
Chair - SA Active Living Coalition**

About the Heart Foundation



Healthy Weight

- Walking
- Active Living and the Built Environment
- Food Supply





History in SA

Heart Foundation and Active Living

- 1996** HF commenced Supportive Environments for Physical Activity (SEPA)
- 2004** HF Vic launched Healthy by Design resource
- 2005** HF SA decision to work to influence at a state level rather than work with individual local councils:
 - Planning Act
 - Public Health Act
 - Land Management Corporation
- 2007** HF recognised a lack of coordinated effort in active living and the built environment in SA
 - Formed the SA Active Living Coalition

SA Active Living Coalition

2007- 2011+



Government
of South Australia

- **Heart Foundation** (leadership, executive support, house the project officer, staff funding)
- **Department of Health*** (staff funding)
- **Land Management Corporation** (project funding)
- **Department of Planning and Local Government** (project funding)
- **Department for Transport, Energy and Infrastructure** (project funding)
- **Office of Recreation and Sport*** (project funding)
- **Planning Institute of Australia (SA Div)***
- **Cancer Council of South Australia**
- **Local Government Recreation Forum**



Plus specialist expertise available when necessary



Driving, linking and supporting change to improve the built environment for active living through:

- Systematic approach over the past 4 years to identify gaps and opportunities
- A work agenda that delivered solutions and tangible outcomes by linking and building capacity across sectors

Building an agenda

2008

- Analysis of the SA Planning System
- Lightsview Joint Venture Project - Master plan review

2009

- Lightsview Project - Detailed development phase
- Implemented recommendations from the planning system review
- Research on open space provision
- Submission to 30 year plan for greater Adelaide

2010

- Lightsview Case Study finalised
- Local Government Project – identify policies, plans, projects and processes



Current Projects

Streets for People Compendium

Assist professionals and authorities grappling with the dilemmas of creating people friendly streets whilst meeting the requirements of national standards and regulations applicable to street and road design.

Healthy by Design SA

Develop a state specific resource to provide assistance to the local government, state government and the private sector to incorporate healthier design considerations into daily planning, project and program decisions.



Key Outcomes

Driving

- Influenced Land Management Corporation agenda to imbed active living principles into their business
- Influenced the 30 Year Plan for Greater Adelaide to integrate walking and cycling

Linking

- Great level of engagement with the health, planning and transport sector through the Streets for People project
- Lightsview tangible across-sector collaboration

Supporting

- Healthy by Design guidelines and staff used to build Lightsview including a regional analysis
- Identified gaps in evidence/knowledge/practice and commissioned research and tools – Open Space Review, Streets for People Compendium, Healthy by Design SA
- Empowered ALC members with knowledge and skills in the area of active living

SA Health Independent Review



Active Living Coalition

Key Findings

- Provides coordinating and linking mechanism for SA health promotion, land use and built environment stakeholders
- Offers active engagement in the implementation of active living principles
- Increases synergies between stakeholder agendas
- Increases the number of joint actions
- Provides strategies to deliver healthy, liveable places
- Actions lead to system change, intersectorial action, use of evidence and joint frameworks

SA Active Living Coalition 2012 +



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