



HEALTHY SPACES & PLACES: Collaborative Action

A national guide to designing places for healthy living

www.healthyplaces.org.au





What is Healthy Spaces & Places?

A national guide for planning, designing and creating sustainable communities that encourage healthy living

www.healthyplaces.org.au





A unique collaboration

- Australian Local Government Association
- National Heart Foundation of Australia
- Planning Institute of Australia
- Funded by the Australian Government
Department of Health and Ageing



Who is it for?

- Planning, design & built environment professionals
- Property development industry
- Health professionals
- Government decision-makers
- Community members

How HS&P fits with current health related initiatives





Other influencing factors

- Climate Change
- Peak Oil
- Population pressures
- Economic factors
- Food security
- Federal policy directions

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Home	
Why Health and Planning?	
Who is this for?	
What Makes a Healthy Place?	
Design Principles	
Development Types	
Case Studies	
Making it Happen	
Frequently Asked Questions	
Getting the Message Out	
Image Gallery	

HEALTHY SPACES & PLACES



Healthy Spaces and Places is a national guide for planning, designing and creating sustainable, people friendly places.

Foremost it is for planners, as they can help tackle some of Australia's major prevention issues by planning places where it is easier and more desirable for more Australians – walking, cycling and using public transport – every day.

But it's also for everyone who can make a difference to the overall health and wellbeing of Australians – design professionals, health professionals, the property development industry, governments and the community.

Healthy Spaces and Places supports and complements planning and design initiatives throughout Australia. It is a single source of easy-to-find, practical information from health, planning, urban design, community safety and transport planning.





10 Key Design Principles

- Connectivity
- Environments for All People
- Mixed Density
- Mixed Land Use
- Parks and Open Space
- Social Inclusion
- Supporting Infrastructure
- Active Transport
- Aesthetics
- Safety and Surveillance



10 Development Types

- Neighbourhood parks
- Neighbourhood planning and design
- Regional recreational facility
- Retirement accommodation
- Infill development
- Schools
- Shopping precincts
- Urban squares
- Workplaces
- Rural and regional development



Also includes...

- Frequently Asked Questions
- Getting the Message
- Image Gallery
- Glossary of terms
- Links to the evidence base

Challenges

- Integration
- Research
- Links with practice
- Dissemination of information
- Sustaining collaboration





More information

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healthyplaces@planning.org.au