



## SA Active Living Coalition: lessons from two years of partnership

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Chair Active Living Coalition**

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## Heart Foundation and Planning

- 12+ years involvement in planning for healthy communities
- Supportive environments for physical activity
- Healthy by Design in 2004
- Link with Local Government through National Awards program
- National Active by Design team - Healthy weight focus
- Built Environment and Walking Position Statement
  - Pulls together evidence and research gaps
- Healthy Spaces and Places (HF, ALGA, PIA, DOHA)
- Food Supply - planning and catering with local Government
- Current national projects
  - Working with property developers around Australia
  - Walkability Tool (Walking Groups)
  - Active Transport

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## SA Active Living Coalition Commenced 2007

- **Heart Foundation (Chair and Exec Officer)**
  - **Department of Health**
  - **Land Management Corporation**
  - **Department of Planning and Local Government**
  - **Department for Transport Energy and Infrastructure**
    - Office for Cycling and Walking
    - TravelSmart
  - **Office of Recreation and Sport – Be active**
  - **Planning Institute of Australia (SA Div)**
  - **Cancer Council of South Australia**
  - **Local Government Recreation Forum**
- **Plus specialist expertise available when necessary**  
• **Members provided expertise, access and/or funds**



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## SA Active Living Coalition

### Our rationale

- Well-planned, safe and attractive neighbourhoods can increase the number of people who have a genuine convenient choice to walk or cycle to schools, shops, parks, services, facilities and public transport.
- The responsibility for the design and creation of a built environment that supports active living lies with urban planners, transport planners, local government, open space planners, developers, landscapers designers and health.

### Our role

- Facilitate a collaborative forum for the planning and coordination of active living in South Australia.
- Provide advice, strategic direction and demonstration projects in relation to active living using a defined evidence base.

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## Our Projects

- **2008**
  - Analysis of the SA Planning System to identify issues and opportunities for active living in planning system (Planning for Action report)
  - Demonstration project - Northgate stage 3 Joint Venture CIC/LMC (Lightsview) to integrate "active living principles" into a new residential development
- **2009**
  - Implementing recommendations from the Planning for Action report
  - Direct design input into others LMC projects Lightsview, Playford Alive, TODs
  - Commissioned literature review - Open space provision in med/high density development

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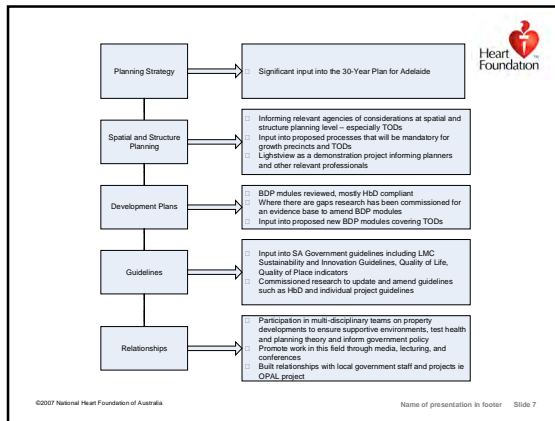


## Results

- **Planning for Action**
  - Recommended intervention at all levels of the planning system

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## Lighthview: a demonstration project

**Heart Foundation**

- Demonstration projects have strategic value - are important for gov't, elected members, professionals and public.
- Lighthview: a joint venture between Land Management Corporation and Canberra Investment Corporation using Heart Foundation's Healthy By Design Guidelines

Healthy by Design: a planning guide to encouraging for active living

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## Lighthview: Achievements

**Heart Foundation**

- Supportive streetscapes for all ages and abilities, gophers, wheelchairs, prams etc
- Networked off-road shared use paths in 'greenways'
- Easy access to parks and community facilities shops, schools
- Designed using crime prevention principles
- Improvements to infrastructure around the site
- Influenced regional connections

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## Lighthview: Outcomes

**Heart Foundation**

- National importance and interest:
  - Presented at State and National conferences
  - Case study in Healthy Places and Spaces (national planning guideline)
- Site of excursions by government staff for future project planning and requirements for precinct planning and urban design guidelines
- Result: Coalition asked to provide advice on supportive environments for other LMC projects

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## Lighthview - Generating public interest

**Heart Foundation**

- Advertiser
- ABC 891
- Planning Journals
- Public Health Journals

HEALTHY LIFE | New suburb encourages physical activity  
**Back to the future with a village hub**

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## Lighthview: What we've learnt

**Heart Foundation**

- Theory into Practice: easy wins, gaps and barriers to implementing a supportive environment – experiences with both developers and local councils
- Timing, intervention points and the professions to engage with to implement supportive environments
- Costs of infrastructure for supportive environments
- Feedback from developers on practicality of gov't policies
- Lack one-size-fits-all approach to creating a successful environment blending cars/pedestrians/cyclists
- Importance of a credible evidence base

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## Mapping AL Coalition activities



Mechanisms for integrating health and planning	Plan for Action	Lightview LMC projects	Research	Submissions Collaborations Advice
Governance and partnerships	✓	✓	✓	✓
Culture change, capacity building	✓	✓		✓
Legislation, development plans	✓		✓	✓
Projects and infrastructure		✓		
Health Impact Assessment	✓			✓
Community Engagement		✓		✓
Research and Evaluation		✓	✓	

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## Into the future - 2010



- Continue to work with LMC to embed principles in policy and the built form
- Research agenda established
- Local government: a multi sector approach working with both staff and elected members
- Guidelines and principles on shared use spaces and car-free streets agreed across all levels of government
- Integration with emerging walking agenda – Charter, Consumer involved, data collection

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## Conclusions



- Great value in working with tangible projects to bring along partners from varying backgrounds
- Great value working with non government
- Goodwill and willingness to listen if advice is practical and can bring positive publicity
- Future projects will influence systems and processes in planning and development to include health considerations
- Further research is needed into gaps and to provide practical advice
- Then we can engage with appropriate professions that are asking for further advice

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