

CRAZY CRACKERS

Top a crispbread with a slice of cheese or a thick spread of peanut paste. Grill or heat in the microwave until bubbly and melted.

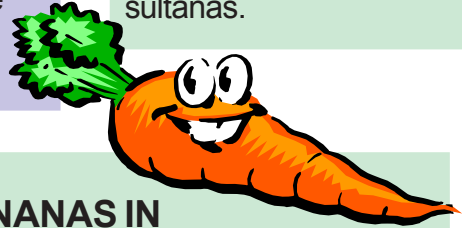


LITTLE PEOPLE PIZZAS

Top a small pita bread, crumpet or muffin split in half with a spread of tomato paste and grated cheese. Add your choice of chopped ham, mushroom, tomato and pineapple. Bake or grill until hot and bubbly.

PITA POCKETS

Cut a small pita bread in half, and split open to form a pocket. Stuff with grated cheese, grated carrot, tomato, sprouts or tabbouli, or any mixture of the above. Or spread with peanut paste and add sultanas.



SPUD BOATS

Cut a baked or microwaved potato in half. Scoop out the flesh and mash with cheese and milk. Pile back into the potato skin. Decorate with a cheese slice or tomato wedges, capsicum strips and cucumber to make a yacht or steamer.

BANANAS IN PYJAMAS

Wrap a peeled banana in a slice of buttered wholemeal bread.

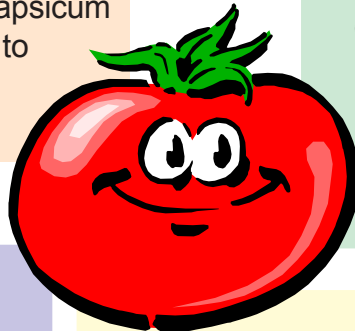
FAIRY BREAD

On a buttered slice of bread sprinkle poppy and sesame seeds. Cut the bread with cookie cutters.



CRAZY CORN

Place a corn cob in the microwave and cook on 100% power for 3 minutes per cob. Allow to stand for 5 minutes - this gives the corn time to cool down enough to handle it.



FRUIT KEBABS

Thread pieces of soft fruit, like watermelon, rockmelon, honeydew melon, strawberries, banana and kiwi fruit on paddle pop sticks or plastic straws.

FUNNY FACES

Rice cakes or bread are all a good shape to make a face. Spread the bread or rice cake with margarine and arrange salad ingredients to form a face. HAIR - alfalfa sprouts, grated carrot, grated cheese or bean-sprouts. EYES - sliced cucumber or sliced egg. NOSE - cherry tomato, mushroom or a sultana. MOUTH - capsicum, row of sultanas or tomato.

PINWHEEL SANDWICHES

Top a slice of bread with peanut paste, cream cheese, avocado or vegemite. Roll up tightly and wrap in cling film. Leave overnight in fridge. Cut into slices.

